

To zip a file is basically taking several different files and putting them into one for the convenience of downloading. If you have Windows XP or Vista, you can simply double-click to open a zip file, then drag its contents out where you would want it to go. If you do not have XP or Vista, you can download Winzip or Winrar from the internet as a free download and use that to open them. Once you drag out the contents, you can then listen to them. Winzip and Winrar software will actually allow you to zip files as well. I have some things in zip file because of convenience of downloading it all together at one time.