



Discipleship and follow-up after a deliverance

Please feel free to make a copy of this to send with people after you have had a deliverance session. This is a tremendous help for people to use as a guide of what to do after they are delivered.

It will take some time to learn to walk in your freedom. It can take up to a year to get fully stable. Here are some things that can help.

1. Take a strong stand in authority over any demons, temptations, feelings from demons, thoughts of demons, or symptoms that try to return in the name of Jesus! **Do not receive it!** You can say, "In Jesus' name I command you demons to go! It is written, 'submit to God, resist the devil, and he will flee.'" Or you can say "In Jesus' name I do not receive this _____ that I have been delivered from and command the spirits trying to bring it back to go now! For it is written, 'submit to God, resist the devil and he will flee! So take your influence and oppression and go to the pit now in Jesus' name!'"
2. Put on the armor of God daily, anoint home and yourself with oil when needed (to set yourself apart holy for Christ's service), speak blessings over your home, land, vehicles, and family on a regular basis, and fully cleanse and seal off your property.
3. Start faithfully attending a powerful on fire church and **make sure to get water baptized.**
4. Pray every morning and night.
5. Begin to read the word of God and memorize scripture.
6. Take communion on a regular basis- daily is fine. I recommend daily for a while, at least until you are stable.
7. Fill your life with the holy things of God like worship music, sermons, church activity, prayer, and Bible on tape. Get rid of the old junk of the world (ungodly t.v. shows, movies, worldly music, etc...).
8. Get rid of anything in your life that Jesus would not have quickly (flush drugs down the toilet, dump alcohol down the drain, and burn pornography or witchcraft materials, etc...).
9. Renew your soul (mind)- dismiss thoughts that are impure and think on holy things. Control your emotions to not lose your temper or have emotional ups and downs. Make godly decisions and stick to them. Remember the good of your past and don't meditate on the negative. Imagine God's favor and blessings in your future, not things that are fearful or negative.
10. Be humble and submissive to Christian leadership as they teach you or correct you. Be faithful in your church attendance and get actively involved in a church in revival.
11. If you sin be quick to ask forgiveness and turn away from it- don't let that separate you from God or his people. Stay in church.
12. Discipline your mouth to be holy and quit using profanity or talking perverted.
13. Have others praying for you.

14. Sometimes it can take quite some time to get stable after your deliverance. As I have said, it can take up to a year some times to fully get stable. Be patient and do these things consistently I have listed above and: live holy, obey the Bible, keep a strong prayer life and consistent Bible reading, and don't go by how you feel! You may feel saved and delivered one day, but not the next. Don't go by feelings. Go by faith.
15. Praise God for your deliverance. Speaking and thanking God for your freedom is faith and creates an atmosphere demons hate. This will help war to keep yourself free.
16. Read and study these two books: **Tabernacle, Keys to Revival** and **Finding your Purpose in the End Time Revival** by Scott and Sandy Boyd; **The Three Battlegrounds** by Francis Frangipane. **Blessings or Curses: you can choose!** and **They Shall Expel Demons** by Derek Prince. This is what I suggest. Begin to put your focus on the Lord and what he is doing and take it off the enemy and what he is up to.

So I'm Saved....What's Next

Feel free to use this to give to others after they commit their lives to Christ. I hope this is a blessing to you.

The first thing I would say to you is welcome to the family of God and eternal life, but I must also tell you this life of Christianity is the most difficult and trying life one can ever live. Christianity is hard and is meant to be. We will have all of eternity to rest in the Lord and his love, but right now we are given the greatest honor to suffer, and perhaps die, for the one who loves us so much as to die for us. The world hates us (John 15:18-19), and we are targets of satanic attack as well. We face temptation, lusts, perversions of the world, persecution from evil men, and attacks from demons. Yet we can be overcomers! We who choose to live for the Lord over our own selfish desires, dying to self on the cross, can rise in victory and live in a way that brings great glory to Jesus. Just as Adam and Eve were in a perfect garden and sinned, we are in the most evil of places and are choosing righteousness! What an honor we have. This brings great glory to Jesus eternally, because satan boasts that given the opportunity, even those made in God's image would choose sin over righteousness. We are proving his boasts to be lies. Our brothers and sisters all over the world are facing persecution, seeing their loved ones tortured and killed, being imprisoned, and being executed....all because they are disciples of Christ. These will have an eternity of great honor! For they are the ones that have suffered with Christ! They have lived for him in the darkest of circumstances! They have brought him such great glory!

The second thing I would say is, make sure you are truly saved. Many call themselves Christians and go to church, but they don't obey Jesus' teachings and will end up in hell. Make sure you have realized you are truly a sinner that needs Jesus to wash away your sin with his blood. You are not doing God a favor by accepting him. God is doing you an eternal favor by accepting you...even though you have been so sinful before him. He loves you and I more than we deserve, and even more than we can understand.

To those that have accepted Christ and been born again I would say, **get a Bible and begin to read it daily**. You can purchase a version of the Bible that is easy for you to read and understand. I would recommend either: New International Version, New Century Version, New American Standard Version, or the Amplified Version. It is vital that you begin to discipline yourself to read, study, and thoroughly know the Bible for yourself! I cannot express to you the urgency in this. You also need to begin to read good Christian literature. I have put free literature and ways to purchase books that I recommend on my web site to help you in this. It is vital that you learn and grow. **It is also vital that you begin to attend an on-fire, powerful church that is in revival!** You desperately need this fellowship, teaching, and accountability. The Bible is clear on church attendance (Hebrews 10:25). Also you need to begin to tithe into your local church the full ten percent of what you make before taxes are taken out. This will not only help the church, but will help deal with selfishness and the love of money in you. Pray that you will have no love of money in you at all. The love of money will cause many to turn away from Jesus in these end times. Be consistent and faithful to attend church every time the church doors are open. **It will be very important that you get water baptized as soon as possible.** In 1Corinthians 10 the Bible says Israel was baptized into Moses by passing through the Red Sea. The same water that baptized Israel killed their pursuing enemies! Water baptism is powerful! You can go to heaven without it, but your walk in the Lord will never be all it can be without obeying the Bible in this area. Water baptism helps to separate you from your past. **It is also so important that you submit to church leadership.** You may not always understand everything, but pray for wisdom for the leadership of your church, love them, and submit to them. You are only excused from this, if the leadership is trying to lead you into sin. I highly recommend a book by John Bevere called Undercover to help you in this area. **It is also so important that you walk in forgiveness.** We cannot be forgiven unless we forgive others (Mark 11:25-26). Forgiveness is a choice we can make. We must forgive, ask for emotional healing, and then ask the Lord to keep our hearts loving and tender. Every day make sure to forgive those that have wronged you and pray for love, humility, and all the fruit of the Spirit to increase in your life daily. Another book by John Bevere called The Bait of Satan will help you learn this truth and live it out. It is a life changing book. I have saved the most important two issues for last. **It is so important that you get all the sin out of your life!** This means dumping the alcohol down the drain, burning pornography, throwing away the old music, dvd's, videos, magazines, or anything else that is sinful. You need to also throw away tobacco products, dump drugs down the toilet, stop having any kind of sex outside of marriage (even looking with lust or masturbation must stop), and totally destroy and get rid of anything of the occult, of false gods, false religions, or idolatry! You will need to go room by room through your house and clean it out. Throw away any ungodly movies with sex, nudity, excessive violence, profanity, using God's holy name in vain, or has the occult in it in anyway. Anything you own that is tied to the occult (ex. witchcraft, horoscopes, reading tarot cards or idols) brings a powerful curse upon your life and your descendants. Also demons are now released into your life and the lives of your family and descendants. This is also true with false gods or idolatry! You need to sever ties with Islam, Hinduism, Buddhism, Taoism, Freemasonry, or any other false religion. Get all the objects out of your life tied to these false religions. This is so important to take seriously and go room by room, through every draw, jewelry box, attic, garage, vehicle, and make sure there is nothing that displeases God in anyway! Sinful things remaining in your life will be a snare to you. It will also cause God's presence to be absent and the presence of evil spirits to enter your life and home. There must be a turning fully away from sin and living very holy unto God after accepting Christ. I saved one of the most important things for last. **You must have a very strong and powerful prayer life.** I recommend starting with around 15 to 30 minutes every morning before starting your day. But soon let your prayer time be for at least an hour a day. This is vital. You must learn how to pray and get to know the Holy Spirit in your prayer life.

This will take discipline, but the results are worth it. If you know the Bible for yourself, and have a relationship with the Holy Spirit, it will be harder for the devil to deceive you. I will have a sheet teaching you how to pray available on my web site for free. Please read it. It is so important to stay very close to Jesus in these end times. There will be so much evil, violence, and sin. You will desperately need to stay close in a relationship with him. This comes from prayer. The very last thing I will say is deal with unhealed wounds and areas that need deliverance. So many have generational bondages in their lives. They can see the same physical sicknesses, mental and emotional problems, marital problems, financial difficulties, and various issues that seem to be in their bloodline. This called a generational curse. It must be broken by the power of the blood of Jesus. Many have been so rejected, hurt, lonely, depressed, and emotionally broken to pieces! You must allow the Lord to fully heal you. Ask him to and then believe it is done. Others deal with the past. They still deal with lust, anger, a pulling toward drugs or alcohol, or a tug back to the occult. All this will have to be surrendered to Jesus at the cross and complete deliverance and healing take place. I have written along these lines in my books [A Warfare Manual for Ministers](#), [The Deliverance Ministry](#), and [Angel of Light](#). These will help you break fully free from satan's grip so you can live in the fullness of the freedom and victory of the cross. Also please remember that no matter what the world says, homosexuality and sex outside of marriage is a sin that will send people to hell. Jesus can forgive and change those that come to him. Also abortion is murder, shedding innocent blood, and a serious sin in the eyes of God. I highly recommend your purchasing a workbook called [Self Study Bible Course](#) by Derek Prince. It is a great discipleship teaching course for new believers. This writing is meant to be a starting place for you. I hope it will help you get your feet pointed in the right direction.

How to Pray

I have written some things I have learned about prayer and Bible study here. May God bless you as you read.

The first thing I would emphasize is to let prayer be a relationship, not looking to God as a big "Santa Clause" in the sky that gives you what you want. The Lord is looking for those that love him, love his presence, and will want to spend time with him. Prayer is one of the most important aspects of your Christian life. The Bible says to "die daily." How does one die to the flesh and walk in the Spirit (Rom 8:1)? It is by waking up early and starting your day with prayer. Prayer causes you to die to the flesh and have your spirit ignited with the fire of God daily. Your life of prayer will give you strength you need to overcome temptation, help you understand the Bible, and be an effective witness for Christ. So let's talk about how to pray effectively. Jesus teaches us in Luke 11 how to pray. He says pray like this.

"Our Father who is in heaven, hallowed be your name, Your kingdom come. Your will be done [held holy and revered] on earth as it is in heaven. Give us our bread [food for the morrow]. And forgive us our sins, for we ourselves also forgive everyone who is indebted to us [who has offended us or done us wrong]. And bring us not into temptation, but rescue us from evil. (Amp)"

I begin my prayer time by coming through the blood of Jesus. I confess any sin and make sure I am washed in the blood of Jesus and holy before God. The blood is what gives us access to God's manifest presence. I usually take communion at this time. It is powerful to do so. The blood has bought us, and that is why we are God's children. This is why Jesus said to start with "Our Father." We are his children by the blood.

I then enter the Lord's gates with thanksgiving (Psalm). I spend some time thanking the Lord for all he has done for me and all I have. There is so much to be thankful for. This moves me into praise and worship. I usually simply lift my hands and sing to the Lord something like "I bless you Lord. I love you. You are holy and worthy of my praise." I also worship in tongues. Praise and worship is what Jesus was speaking of when he said "hallowed be your name." I also ask the Holy Spirit to come and for us to have fellowship. It is so important to know the Holy Spirit. His presence brings the life, anointing, and fellowship with God. He will anoint you fresh for the day. He will set your heart on fire for the day.

I then move into prayer. I spend most of this time speaking in tongues. The Holy Spirit knows what I need to pray and does so through me in tongues. Tongues help tune us into the Holy Spirit, strengthen us within, and gives an access for the Holy Spirit to pray through us the perfect will of God. As I am praying in tongues I will move to English quite a bit as I begin to pray for our nation, President, Israel, the Body of Christ, my neighborhood, coworkers, lost loved ones, fellow church members, and so on. I am praying the will of God to be done on earth as it is in heaven. I am praying God's kingdom to advance. Sometimes I bind the enemy or enter warfare during this time.

I will then begin to pray for myself and the needs of my family both spiritual and natural. Be specific. If you need to have finances, ask exactly how much you need. If you need a shirt...what kind, color, and size. There are many out there! What are your specific needs? And please remember, the spiritual needs are always more important than the natural. Pray for you family to be on fire for God and live holy.

Then one can pray concerning forgiveness. It is so vital we check our hearts for unforgiveness and forgive others quickly before bitterness sets in. I also make it a point to not only forgive others, but I pray that I will walk in forgiveness throughout the day. I pray that God will make me more like Jesus today, the fruit of the Spirit more evident in my life, I walk in more humility, and walk in greater love throughout the day. I pray people see Jesus when they see me, and the Lord put me on like a glove and live his life through me...seeing through my eyes, hearing with my ears, and giving me his heart and mind.

Then I pray for God to not lead me, my family, or church into temptation. I pray for the grace throughout the day to live a very holy blameless life above reproach. I pray God will help us even avoid the appearance of evil. I pray God's grace would be upon me to walk in humility and not be deceived. I ask for his grace for the day.

Last it is time to pray for supernatural protection. I have had so many close calls. With a ministry that is in revival and ministers on warfare and deliverance and is winning souls, there is going to be intense warfare. I usually speak Psalm 91 out loud over myself, my family, and my church. I ask the Lord for his angels to surround us and bring protection and ministry as we need it. I also ask for the armor of God (Eph 6), and armor of light (Rom 16) to be put on me.

I close my prayer time with thanking the Lord for hearing and answering my prayers. I thank him for our time together. This time of thanksgiving seems to give "rocket boosters" to your prayers. It also seems to seal the answer and seal the time together. After leaving this kind of prayer time, you should begin to notice a spiritual strength in your walk with God you have never had before. I recommend at least spending an hour in prayer like this a day. The Holy Spirit will guide you on how to pray. He will lead you on when to change from worship to prayer and from point to point. He needs to be in charge. You can learn to be led by the Spirit and move in the anointing from your own time with him.

The last thing I would say is be careful to not let prayer become a dead ritual. What you have read above can easily become a dead routine. Prayer is supposed to be fellowship with the Lord. We should love to pray, because it is our time with the Lord. Our prayer time should be like a river of life that flows in and with the Holy Spirit. Each day in prayer will be different and special. There is life in prayer if you will have fellowship with the Holy Spirit and seek the Lord's presence.

How to read the Bible

It is important to have a Bible that is easy to read. You don't want to have to sit and read something over and over just to understand the wording of it. I know when I have worked with teenagers, they feel reading the King James is like trying to read and understand Shakespeare. I use these versions of the Bible: New International Version, New American Standard, and the Amplified Bible. I also like the New Century Version especially for young people as being probably the most easy to understand. These Bibles are accurate in their translations from the original Greek, Aramaic, and Hebrew.

I would say learn to have a relationship with the Holy Spirit in prayer that he can lead you what to be studying and when. Then he can also teach you what he wants you to know.

It is better to read a small portion and really get what you are reading rather than reading chapters to not even remember what was read. Make sure and read everything in context of the paragraph it is in. Don't take a little scripture out of context and make it say what you want it to say. If anything ever contradicts scripture we must throw it out.

There is a lot of Bible study material out there to take you deep in your studies and give you understanding of the history and the culture surrounding the writings. You can purchase some very inexpensively. I bought a \$20 Bible computer program that has everything I need.

Two more suggestions. Please remember that the Bible says knowledge puffs up with pride. Be careful to not get knowledge and then prideful about your learnings. Second, always remember to know the book of the Lord, but it is even more important to know the Lord of the book. There is really not a lot more to say about reading the scriptures. It is important to simply do it and not just talk about doing it. Prayer and Bible study take discipline to do.