

Spirit of Heaviness/Infirmity

Renunciation



By Scott Boyd www.fnirevival.com

God's Promise

Isaiah 61:1 “The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners ² to proclaim the year of the LORD's favor and the day of vengeance of our God, to comfort all who mourn, ³ and provide for those who grieve in Zion— **to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of heaviness (or infirmity). They will be called oaks of righteousness, a planting of the LORD for the display of his splendor.** ⁴ They will rebuild the ancient ruins and restore the places long devastated; they will renew the ruined cities that have been devastated for generations.”

Ground Rules of Engagement

Lord I forgive others, therefore I am forgiven for my sins. Anyone who has ever wronged me or someone I loved in any way, I forgive them now. 1 Peter 2:24 clearly shows Jesus bore in his body all my sin. Isaiah 53:5 states Christ was pierced for my transgressions and bruised for my iniquity. So all of my sin, transgressions, and iniquity is cleansed away by the power of the blood of Jesus, and I am washed clean.

Heavenly Father, I come to you today on behalf of my own life, but also representing my family, bloodline, household, and ministry. I also come to you on behalf of my ancestors of flesh and blood as well as spiritual ancestors, the city I live in, region I live in, and my nation. I know we have sinned before you. As I confess and repent of these sins during this renunciation, I am doing so on their behalf as well.

In the name of Jesus Christ, I bind every satanic spirit of any kind at work in my life or family right now. Whether you are in us, attached to us, or in any way connected to our lives, you are now under the authority of the resurrected Lord Jesus Christ and under his blood. You will not harm us in any way. When you leave us you will take all your residue, everything you have sown, all that is of your kingdom, any sickness, bacteria, fungus, virus, cancer, death, or

infirmity with you. You will take all your oppression, heaviness, and influence with you, and you will go straight into the Abyss as you leave us. You will not go to someone else as you leave us! You will not split, divide, multiply, fragment, clone, and I take away all your robes of authority, every crown, and every scepter. You will not use any form of demonic trickery or deception. If you have already split or divided, you will rejoin as one spirit immediately. All demonic traffic will be one way, that is straight into the Abyss. You will not pass your duties onto other satanic spirits, call on others to help you, use revolving doors, or reentry by any means or demonic spirits. Whether you're hiding or sleeping, using shelves or dark corners, coming and going, or floating in free circulation, you are now under the authority of the resurrected Lord Jesus and the power of his blood, and you will be obedient. You are commanded you cannot communicate with other demons at this time to scheme, plot, plan, or devise a way to retain this kingdom. This kingdom will be completely destroyed forever! You are commanded you will restore everything you have stolen. In fact, I command you to restore sevenfold what you have stolen since the Bible clearly states when a thief is caught, he has to restore sevenfold though it cost him the wealth of his house (Proverbs 6:31). I command you will repair all damage you have caused our spirits, souls, bodies, or lives in any way, making it as though it never happened, thus making restitution for you evil deeds. Every disorder you created, you will put back in order as Yaweh God intends it to be immediately. I command that satan you are bound from the heavenlies or any other realms from being able to assist this satanic kingdom in me or my family in any way. This satanic kingdom at work in my life and family will be completely destroyed and removed forever. Any satanic spirits of any kind that have been sent to hinder this deliverance in any way will leave immediately! I now command every satanic spirit to line up in order of rank, and I separate the highest ranking demonic spirits from any others. You will gather up all that you have been commanded, and you will take it with you and go directly into the Abyss right NOW in Jesus' name!

Spirit of Heaviness (or Infirmity/weakness/depression)

Father I know that allowing my mind to agree with a spirit of heaviness is a great evil. I ask forgiveness for any sin, rebellion, and iniquity that has given place to heaviness or infirmity in my life and all I am representing in prayer today. I ask forgiveness and repent of all:

- Having no sense of purpose in my life
- Feelings of failure as far believing I have failed to fulfill what I have been created to do
- Focusing on failures of my past and dwelling on the past too much
- Excess sleeping or eating; or an extreme lack of any of these (insomnia)
- Any compulsive or obsessive behaviors
- Alcoholism, drug, or tobacco use
- Being "busy" with projects, collecting, or cleaning to stay busy and keep mind off misery
- Feelings of loss
- Mental or emotional problems including depression, isolation, or suicidal thoughts
- Physical problems caused by heaviness or infirmity (like a breakdown of immune system)
- Sexual sin of any kind looking for acceptance or feeling close to someone (including porn or masturbation)

- Isolation away from people or church family
- Desiring to be in the dark or alone (shutting off lights, pulling down drapes, etc...)
- Perceiving everything from a negative perspective
- Thinking everyone is against you
- Thoughts of hopelessness, despair, severe discouragement, or depression
- Excessive sorrow, grief, mourning, self-pity, or overwhelming sense of guilt
- Self-hatred, low self-esteem, self-accusation, or feeling rejected when I am not
- Suicidal thoughts (“I can’t go on”, “I can’t take it anymore”), despair, or dejection
- Dwelling on traumatic events that have happened
- Comparing my life accomplishments to others (even though their life may not be as great as it appears)
- Depressed and not content with my life’s circumstances
- Looking at other things to make me happy other than the Lord
- Comparing myself to media images or stereo-types that are rarely based on the average person
- Allowing others to affect me based on their opinions of me as a person, where I should be in life, or how things should be in my life (married, money, ministry, etc...)
- Placing a lot of confidence in others to just have them fail you
- Allowing demonic influence to affect my mind, emotions, and perceptions
- Entertaining negative thoughts I shouldn’t have, and not renewing my mind
- Allowing the enemy to cause me to feel rejected by God, feel God is not faithful to his word, is ignoring me, or would do things for others but not for me.
- The enemy trying to make God look like a liar to me
- I put a broken heart and all inner wounds under the blood of Jesus

A spirit of heaviness can be translated “breath of infirmity, weakness, somewhat dark, or grow dim” implying: “dull, colourless, be dark, faint.” I renounce and destroy:

- Dark countenance: a heart down cast, heaviness, or oppression
- Dim vision, robbing hope or making things look darker than they are.
- A heavy oppressive feeling or quenched faith.
- A dark heavy cloud over head
- The enemy’s work to isolate, steal love, making me feel alone, stealing my purpose, or trying to shut me down.

I ask you for justice as you are Yaweh Mishpat “the righteous judge.” I ask that you make every area of heaviness, depression, suicidal tendencies, infirmity, weakness, or discouragement in my life as though all the negative has never been there. Because all things are possible with you, I ask you to make it seven times better than if heaviness or infirmity had never been at work in the first place. I humble myself before you. Heaviness and infirmity has caused a lot of misery in my life in the past. I ask you for grace to overcome. I cannot win this battle in my own flesh or abilities. I am not powerful enough, strong enough, or wise enough, but I know your grace is sufficient. I ask that the awesome powerful blood of Jesus saturate every area heaviness or infirmity has been at work in my life or family. I ask that your precious

Holy Spirit fill those areas and bring change. I will be careful to give you all the glory as the victory is won. Let my faith arise and help me change what I need to change. Help me renew my mind and change the way I think and see things. Help me see and understand what I need to so that I can overcome.

On my behalf, and all I am representing before you today Lord, I forgive all who have caused rejection or trauma in my life or lives of my ancestors. I know many times this dark force enters someone's life through trauma. I forgive and put these traumatic events under the blood of Jesus right now.

I destroy every work of satan that has been in my life or family because of these things. Whether it be a curse, bondage, yoke, stronghold, weak area, causing fear, health problem, relational problems, financial problems, or any other work of satan, I destroy it NOW in Jesus' name! I command heaviness, infirmity to come out of me and my family and go and do as you have been commanded right now. According to Galatians 3:13, Jesus paid for my freedom. I am redeemed from the curse of the law. I choose to be free, and by the power of the blood of Jesus, I AM FREE. All satanic spirits under authority of heaviness or infirmity, or are in me or my family because of heaviness or infirmity, come out and go right NOW in Jesus' name!

Anything spirits to do with a spirit of rejection, torment, suicide, depression, self-hatred, feelings of unworthiness, isolation, discouragement, orphan, grief, deep sorrow, guilt, shame, sickness, disease, death, infirmity, anguish, affliction, torment, pain, weakness, or feeling of failure go from me and my family NOW and do as you have been commanded in the mighty name of JESUS!

Name any health problems you have had and command any spirits associated with these to leave in the name of Jesus and do as they have been commanded at the beginning of this prayer.

Lord I thank you that you paid for my freedom at the cross! You were pierced for my transgressions and bruised for my iniquity! You became a curse for me! By your stripes I am healed! I thank you for the victory and hearing and answering every prayer right now. I thank you that me and my family are free by the power of the blood of Jesus!

Remember this heaviness and oppression has a lot to do with the occult. This may be the root to where it entered, or also trauma is a common root.



Don't allow negative or discontent thoughts to come into your mind! Renew your mind.

Put on a garment of praise!